

NSS- ARYABHATTA REPORT FOR SESSION 2016-17

- **“AZADI 70- YAAD KARO KURBANI (FREEDOM FORTNIGHT)” (13 AUGUST – 24 AUGUST 2016)**

NSS Unit organized the following activities:

13 August 2016

A Flag March was organized in the college premises spreading the message of patriotism. Around 50 college students and faculty members participated in this rally; afterwards the programme was followed by National Anthem.

16 August 2016

A Flag Hoisting programme was held in college on 16 August 2016. The programme started with the Flag Hoisting by College Principal, Dr. Manoj Sinha. The principal addressed the students about the true relevance of independence and the programme ended with the singing of National Anthem.



22 August 2016

NSS Unit participated in “Tiranga March” at North Campus, University of Delhi on August 22, 2016. 45 students actively participated in the March spreading the message of patriotism through slogans and banners.

23 August 2016

A Mass singing of National Anthem was organized by the college.

- **SWACHHTA PAKHWARA (16 August to 1 September, 2016)**



NSS Unit organized the following activities:

16 August 2016

A seminar on “Swachh Bharat” was organized, the aim was to spread awareness regarding the importance of clean surroundings and proper sanitation. The event ended with the Swachhta Shapath taken by all the NSS Volunteers.

17-18 August 2016

A Cleanness Campaign was organized in Aryabhata College, including all indoor and outdoor areas. Message spread among students to keep their surrounding clean and green.

19-21 August 2016

A Cleanness Awareness Campaign was organized in an area, Vasant Gaon, adopted by Aryabhata College under the SWACHHTA PAKHWARA initiative. Highlights of the various activities performed by the NSS members Message spread among local people and residents through banners, placards, slogans and interaction:

- The importance of clean surrounding and personal hygiene.
- To avoid use of plastic and polythene bags so as to reduce the quantity of garbage.
- Necessity to use garbage bags and their proper disposal.
- Necessity to keep houses clean as well as nearby areas also.

22-26 August 2016

A Swachh Campaign was organized in an area, Vasant Gaon, adopted by Aryabhata College. NSS volunteers involved themselves in practically cleaning the area, parks, etc. and encouraged the local residents to join the campaign. They spread the message of cleanliness and personal hygiene among residents.

27-29 August 2016

A cleanliness campaign was organized at

- Acharyashree Bhikshu Government Hospital, Basant Gaon and
- Transport Department, Vasant Vihar, Zonal Office

NSS volunteers involved themselves in practically cleaning up the areas and donated dustbins and dustbins bags to spread the message of proper disposal of garbage.

30 August 2016

NSS Team had organized rallies in nearby areas of Satya Niketan and Nanak pur on “Clean and Green Delhi.”

31 August 2016

A meeting was organized on “Swachhta” and various future plans on cleanliness and greenness in college campus were discussed.

1 September 2016

NSS volunteers from Aryabhata College participated in rally on Cleanliness at India Gate, Delhi. They were carrying placards and posters on “Swachh and Green Delhi”.

- **“SWACHHTA ABHIYAN”**

(1 September – 15 September, 2016)

NSS Unit organized the following activities:

6 September 2016

A play was organized based on “Swachhta” by NSS Volunteers in Aryabhata College. The message was conveyed among students to keep our surroundings clean and green and it’s a responsibility of each one of us.

14 September 2016

A Cleanness Awareness Campaign was organized in an area, Nanakpura, Moti Bagh,, South Delhi under the SWACHHTA ABHIYAN Campaign. NSS Volunteers were carrying banners, placards and posters on cleanliness and greenness spreading the message:

- Green Delhi, Clean Delhi
- Safe Environment, Safe Yourself
- Go Green, Get Clean

- **NSS DAY (24 September, 2016):** NSS Unit organized the following activities:

Street Plays: Two street plays were organized by NSS volunteers in college premises. They conveyed the message of importance to keep their surroundings clean and to preserve trees.

Awareness Rally: A Drug-Free Awareness Rally was organized in the College. NSS Volunteers were carrying banners, placards and posters depicting the ill-effects of drugs. NSS team was interacting with students to stay away from tobacco and drugs and keep their living simple.



- **Slogan Writing Competition:**

Slogan writing competition was also organized and around 35 students participated in competition. Praharsh, B.A. Hons. (Hindi) I yr. bagged the first position, followed by Ankit, B.A. Hons. (Hindi) 3 yr. as second prize winner and Balkrishna, B.A. Hons. (Hindi) 3 yr. as third winner.

- **Special Electoral Camps (6th and 20th October 2016)**

NSS Unit organized the following activities:

Special Electoral Camps were organized to sensitize youth about the right to vote, at the same time duty to vote. Aryabhata College in collaboration with the district election officer set up a Voter ID Campaign for students who attained 18 years of age.

A Poster Making competition and Nukad Natak was also organized by the NSS volunteers to sensitize the students of the college. The winners of Poster Making Competition were awarded by Dr. Manoj Sinha, Principal, Aryabhata College and Programme Officer, NSS.

- **Debate on “public participation in promoting integrity and eradicating corruption” (5th november, 2016)**

The NSS Unit in collaboration with RailTel, Ministry of Railways organized a Debate Competition on the topic “Public Participation in Promoting Integrity and Eradicating Corruption” on 5th November 2016 in the Seminar Hall of the college.

The Bilingual debate got an overwhelming response with 15 participations. Students spoke for and against the topic. Three winners were announced by judges. Prizes sponsored by Railtel were given to the winners.

Meenakshi Dangal of B.Com.(Prog) I year was declared the winner. Second Prize went to Medha Bhardwaj of Political Science (Hons) II Year. Siddharth Khatri of Political Science (Hons) II Year won the third prize. Participation certificates will be given to all participants.

The event ended with Vote of thanks by Dr Birender Kumar, Programme Officer, NSS Unit.



- **VITTIYA SAKSHARTA ABHIYAN (VISAKA)** (12 Dec 2016 -12 Jan 2017)

A Campaign by Ministry of Human Resource Development, Government of India



Digital Financial Literacy Campaign

NSS Unit had organized Digital Financial Literacy Campaign from 12 December 2016 to 12 January 2017 under VITTIYA SAKSHARTA ABHIYAN (VISAKA) – A Campaign by Higher educational institutions for Digital Economy launched by Ministry of Human Resource Development, Government of India.

The main purpose of VITTIYA SAKSHARTA ABHIYAN is to encourage and motivate all payers and payees to use a digitally enabled cashless economic system for transfer of funds- Cash Dependent to Cashless Economy.

The students registered themselves as volunteers on the site of Vittiya Saksharta Abhiyan to contribute in shaping of new digital era.



Highlights of the various activities performed by the NSS members

13 December 2016

The College placed standees and banners in the college premises highlighting the message by our college Principal, Dr. Manoj Sinha about the VISAKA campaign – CASH to CASHLESS economy.

14 December 2016

NSS volunteers helped the college canteen administrator to convert the mode of payment into totally cashless form and also assisted them to understand its mechanism better. Now, college canteen payment is done through various digital payment modes like Paytm, Freecharge etc.

21 December 2016

NSS volunteers visited local markets at Vasant Gaon and appraised local traders about the various digital Payment modes: Prepaid Cards, Debit Card, UPI, Mobile wallets etc. They convinced them about the benefits and convenience of digital modes of payment.

1 January 2017

NSS volunteers celebrated new year by extending their helping hands to local resident who encountered inconvenience while making digital payments.

3 January 2017

NSS Unit also organized **a workshop on Digital Payment System**. The workshop was conducted by executives from Union Bank and they explained students about different modes of online money transfer and its benefits. This event reported participation of around 70 students.

6 January 2017

NSS volunteers visited various areas and the message was spread among local people and residents through banners, placards, slogans and interaction about the importance cashless mode of payment.

9 January 2017

NSS volunteers personally ensured that the college administrative, accounts and other departments became completely cashless by adopting Digital payment system.



11 January 2017

NSS Unit organized an Awareness Campaign on Demonetization on January 11, 2017. The aim of the campaign was to spread the message that the country has established the mechanism by moving towards a cashless economy where people minimize or almost completely avoid the use of cash for meeting their periodic financial commitments would usher tremendous benefits to the country by way of eliminating black money, enhance government tax compliance and revenues for development, seriously eradicate counterfeit currency and enhance value of money held by the common man. The students participated whole heartedly in a large manner and winners were awarded by Dr. Manoj Sinha, Principal, Aryabhatta College.

12 January 2017

NSS volunteers visited Nanakpura and nearby areas on 12th January 2017, NATIONAL YOUTH DAY. Each NSS volunteers approached at least 10 families and informed the local residents about the different modes of e-payment system. They convinced them about the long-term benefits of this system. The college also organized a talk on Swami Vivekananda's Teachings. The students were addressed by our College Principal, Dr. Manoj Sinha.

Aryabhatta College has now become totally a Cashless Institution by adopting digital payment system in all receipts, payments and transactions within the campus.

- **NATIONAL YOUTH DAY (12th January 2017)**

NSS volunteers visited Nanakpura and nearby areas on 12th January 2017, National Youth Day. The college also organized a talk on Swami Vivekananda's Teachings. The students were addressed by our College Principal, Dr. Manoj Sinha.



- **NATIONAL VOTERS DAY (25th January 2017)**



NSS Unit celebrated National Voters Day on 25 January 2017. The students were addressed by our College Principal, Dr. Manoj Sinha. All college staff members and students had taken Voters Pledge, to uphold the democratic traditions of our country and the dignity of free, fair and peaceful elections.

- **SEMINAR ON CURBING BLACK MONEY: DEMONETISATION AND WHAT NEXT?? (3rd February 2017)**

NSS Unit in collaboration with Shaikshik Foundation, organised a seminar on ‘Curbing Black Money: Demonetization and what next?’ on February 3rd, 2017 under VISAKA- VITTIYA SAKSHARTA ABHIYAN, A Campaign by Higher educational institutions for Digital Economy launched by Ministry of Human Resource Development, Government of India. The seminar was graced by two eminent personalities, Sh Surajit Dasgupta, *National Affairs Editor, Swarajya, Formerly Chief Editor in सिर्फ News* and Sh. Harshvardhan Tripathi, *Senior Finance Journalist and Consultant, formerly associated with CNBC-AWAAZ Channel*. Approximately 70 NSS volunteers participated in this seminar.

The seminar commenced with introductory remarks presented by Dr Kartikeya Kohli, Associate Professor, Department of Economics, Aryabhatta College, followed with welcome address delivered by Dr Manoj Sinha, Principal, Aryabhatta College. Starting right from commonwealth and 2G scam, Sh Surajit Dasgupta explained the mechanism of ‘currency’ to ‘corruption’. He very well explained the impact of demonetisation on strategic and potential sectors of the Indian economy.

Our second guest, Sh. Harshvardhan Tripathi discussed how black money emerged in India and creates multiplier effect, and so on. Touching various aspects such as real estate, Jan Dhan accounts etc, he very well explained the apparatus by which people tried to refurbish their black money. Overall, that's indeed a very interactive session, followed by queries which were duly clarified by our guests. Last but not the least; the informative session ended with a vote of thanks.





- **INTERNATIONAL WOMEN'S DAY (8TH MARCH 2017)**

One Day Free Heart & Cancer Check-up Camp and Dental Health Check-up & Awareness Camp

On the occasion of International Women's Day (8th March 2017), NSS Unit organized One Day Free Heart & Cancer Check-up Camp and Dental Health Check-up & Awareness Camp in college premises.

The main aim is to facilitate all teaching and non-teaching staff and students of the college so that heart, respiratory and malignant diseases relating to dental problems can be detected in the primary stage and effective management makes it possible to control them.

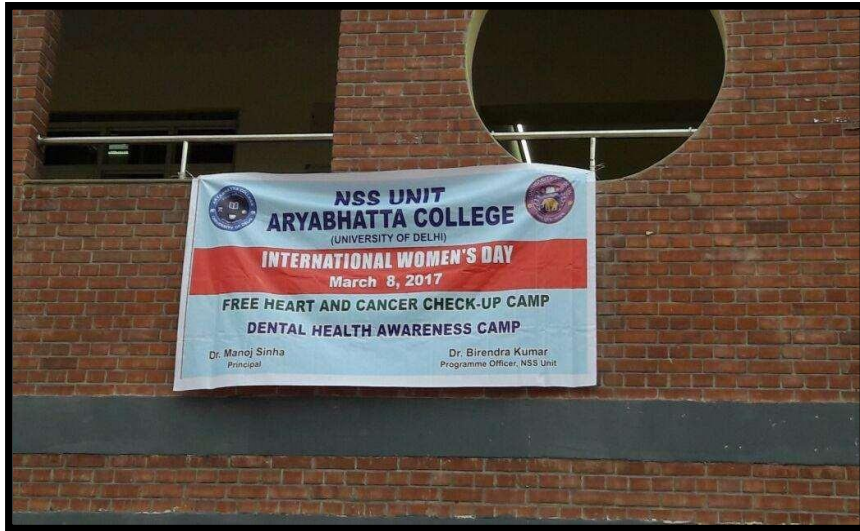
Free Heart & Cancer Check-up Camp was set up in collaboration with Metro Hospital and Cancer Institute. The various facilities provided includes weight, blood pressure check, blood sugar (Fasting and P.P. both), HBA1C, ECG, Consultation with Cardiologist etc. Dr. Manoj Sinha, Principal, Aryabhata College welcomed Dr. Amit Mittal, Cardiologist, Metro Hospital.

A report summary was issued to each staff member and student and on completion of the total health check-up; the treatment plan was also prescribed. Around 80 -90 staff members and students were examined and benefited.

Free Dental Health Check-up & Awareness Camp was organized in collaboration with Indian Dental Association (IDA). A team of Senior Specialist Dental Surgeons, Dr. Sanjay Chandna, Dr. Ajay Gupta, Dr, Meenakshi Chandna, Dr, Vishal Bahri and many more surgeons associated with IDA designed a Dental Awareness Seminar and Check-up Camp.

The seminar initiated with welcome remarks delivered by Dr. Manoj Sinha, Principal, Aryabhata College followed by dental awareness talk by Dr. Sanjay Chandna. They informed students about common dental ailments, especially stressing on tooth decay and gum diseases and measures to prevent from them. They explained the bad eating patterns and food choices and smoking which cause tooth decay.

The surgeons also highlighted about the possible formation of harmful acid which develops when bacteria (plaque) get in contact with sugar in the mouth which ultimately results in tooth decay. Subsequently, the Dental health Check-up Camp was placed to facilitate college staff members and students to enquire and gain knowledge concerning oral diseases. The event received overwhelming response from all the staff members and students, followed by vote of thanks by Dr. Birendra Kumar, Programme Officer, NSS Unit.



- **WORLD WATER DAY (22ND MARCH 2017)**

NSS Volunteers participated in Walkathon- Walk for Water at the India Gate on 22nd March 2017, World Water Day. Mr. Vijay Goel (Minister of Youth Affairs) was the chief guest of the day. Around 50 NSS Volunteers from Aryabhata College participated and spread the message of importance of water on our planet. They had also taken pledge to motivate their families, friends and neighbors to use water wisely and consume judiciously.



- **YOGA DAY (21st June 2017)**

NSS Unit, Aryabhata College, University of Delhi conducted 'International Day of Yoga' on 21st June 2017, emphasizing the role of Yoga in everyday life. NSS volunteers, teaching and non-teaching staff of the college participated in large number. The event was organized under the guidance of Mr. Mukesh Kohli, Retired Associate Professor, Physical Education and Dr. R. K. Dwivedi, Associate Professor, Department of English, Aryabhata College.

The programme started with a session on importance of Yoga, followed by Yoga practice session i.e., different asanas: Namaskar Mudra, Setu Bandha Sarvangasana, Bharadvajasana, Marjaryasana, Bhujangasana, Gomukhasana, Uttana Shishosana, Ardha Matsyendrasana, Virasana, Uttanasana, Upavistha Konasana, neck & shoulder movements etc. The event ended with Meditation Session, a great opportunity to imbibe the value of discipline in life. Overall, it was fruitful and cheerful session emphasizing the importance of peace, harmony and happiness to every soul.



